

# **INTRODUCING DOGS AND CATS**

Introducing a dog and a cat requires careful planning and supervision to ensure their safety and to create a peaceful environment. It may take some time, but most dogs and cats can adjust and are able to coexist peacefully, if not become good pals!

# **BEFORE INTRODUCTION**

## PREPARE A SAFE SPACE

Before the introduction, create a safe space for the cat. This can be a room the dog is unable to enter where the cat can retreat to if they feel threatened. Ensure the cat has access to their essentials, such as a litter box, food, and water. Your cat may initially want to hide, and they should be allowed to decompress and meet the new dog at their own pace.

#### **SCENT EXCHANGE**

Before the face-to-face introduction, exchange bedding or toys between the dog and cat to familiarize them with each other's scent.

# **DURING THE FIRST MEETING**

#### **USE A LEASH AND A BARRIER**

Keep the dog on a leash and the cat behind a barrier like an X-pen or baby gate during the initial meeting. This provides control and a physical barrier to prevent direct contact.

## **INITIAL INTRODUCTION**

Allow the cat to observe the dog from a distance while still in the carrier. The dog should be calm and under control. Reward both the dog and cat with treats and praise for calm behavior. If either pet displays signs of discomfort, move the dog further away from the cat's space. Allow your cat to approach the baby gate on their own. You can offer a trail of treats by the barrier to encourage interest. Gradually move the dog closer to the baby gate if both pets remain calm. Keep greeting sessions short to minimize stress. Conduct multiple short sessions each day and always end it on a positive note and with rewards to build up positive associations.

\* If the dog begins to growl, bark, or lunge at the cat, walk away and try again once the dog is calm. Don't yell or jerk the dog away in the moment, because this could create negative associations about the cat to the dog. Gently walk away. Your dog will start to learn that calm behavior allows them to get closer to the gate. If your dog continues displaying concerning body language or behaviors after an abundance of sessions, or if the cat continues to be too stressed or continues to display stressed body language such as hissing and growling, it may not be a safe match.

# **GRADUALLY ADJUST THEM OVER A PERIOD OF TIME**

#### **GRADUAL PROGRESSION**

Over several days or even weeks, if all is going well you can gradually reduce the distance between the cat and dog during these supervised sessions. Always prioritize safety.

#### **MONITOR BODY LANGUAGE**

Pay close attention to the body language of both the dog and cat. Positive signs include relaxed body postures, wagging tails, and play bows. Negative signs may include growling, hissing, or raised fur.

#### **ALLOW THE CAT TO INITIATE**

The cat should have the freedom to approach the dog when they feel comfortable. Never force the interaction.

### SUPERVISED INTERACTION WITHOUT A BARRIER

Once both the cat and dog appear comfortable and calm during the controlled sessions, allow them to interact without a barrier while you are present. However, **keep the dog on a leash** initially so you can intervene if necessary.



#### POSITIVE REINFORCEMENT

Reward both the dog and cat for good behavior with treats and praise during and after their interactions.

### **CONSISTENCY AND PATIENCE**

Consistency is key in building a positive relationship between your dog and cat. Be patient and avoid rushing the process.

#### **NEVER LEAVE THEM UNSUPERVISED**

Even after successful introductions, do not leave the dog and cat unsupervised together. It's essential to be cautious and gradually build trust over time.

#### CAT'S SAFE SPACE

Continue to allow the cat access to their safe space, even after successful introductions. This space should remain a sanctuary for the cat.

#### **PROFESSIONAL HELP**

If the dog and cat are not getting along or if there are signs of aggression or extreme fear after multiple sessions through a barrier, consult a professional animal behaviorist or trainer for guidance.

It's important to remember that not all dogs and cats will become best friends, but many can learn to coexist peacefully. Some cats and dogs may take longer to adjust, so be patient and respect their individual personalities. A slow and careful introduction process increases the chances of a positive relationship between your dog and cat.